

Anglican Parish of Caversham Saint Peter, Dunedin, New Zealand

September 2013—Trinity—Ordinary Time

THE RO

Give Back to God what is His in the first place



erard Manley Hopkins chose some most unusual areas of human experience in which to locate the presence of God. In his poem The Leaden Echo and the Golden Echo a beautiful woman is sitting in front of a mirror and regarding with despair the

that she must, "give beauty back, in life. As Bishop David Coles ...back to God beauty's self and beauty's giver.".

For those of us who have worked hard and saved hard to enjoy some security and freedom from worry about our life circumstances it can require a similar breakthrough in insight

Stewardship 2013

- **Begins next month**
- Necessary because
 - Increasing dependence upon income from bequests cannot continue
 - a great deal of earthquake strengthening work on Saint Peters is looming
 - the Church roof will need to be replaced in the next little while
- Returning tax rebates as a further donation next year increases parish income without cost to parishioner

"... for all things come of thee, and of thine own have we given thee." 1 Chronicles 29:14

effects of the ravages of time on her good looks. The resolution of her despair comes with the insight that God keeps her beauty for her in an even deeper and more original expression in the life of the world to come, and

to come to the understanding that God is the source of all the good things in life that we have, and that we too should give some of that back to God. wealth's giver. What we do with our money is a very telling revelation of what we care about used to say to us in the diocese of Christchurch, "our cheque stubs are the most honest and telling disclosure of our priorities in life." There should be a place for God and his Church in our choices about what we do with our money.

In October your parish Church will invite a generous response from us to support its life and work. This stewardship programme is necessary because we have become overdependent on a piece of extraordinary generosity from God to us through the agency of the Mazey bequest. The interest from this has made up the shortfall in the difference between our income and our expenditure. Year by year our dependence on this has grown to the point where it now makes up almost half of our total budget. This trend cannot be allowed to continue because we have now reached the point where we would start to eat into the original capital if we kept drawing down the bequest at this rate. This would be contrary to the terms of the bequest.

By early October the engineering report on our Church will be available to us. It is bound to require a great deal of earthquake strengthening work on Saint Peters. A portion of our bequest resources must be set aside to prepare for this (Continued on page 2)

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The Rock

Give Back to God what is His in the first place

(Continued from page 1)

essential work. We also know that the roof will need to be replaced in the next little while

At the heart of our stewardship programme is a simple idea. When we give to the Church through our envelope or direct giving scheme we receive a tax rebate. If we add this one-third (approximately) return on to the next year's giving instead of keeping it, then we can annually increase our giving

without it requiring any more income from us. There are other ways to help Saint Peters, which we will also be putting in

front of you through some helpful pamphlets.

From time to time I have mentioned this theme in the Pebble, and some of you have already increased your giving. Thank you for that. For you the pamphlets will be a "for

Whatever your situation I would be most grateful if you could put half an hour aside on Saturday 12 October to come to the Church to pray for the parish, just as we did

your information only" exercise.

Stewardship 2013

"... Let him give not grudgingly, or of necessity: for God loveth a cheerful giver." 2 Corinthians 9: 7



Schubert Deutsche Mass, D872

Josef Schmidhuber, Chorus master

EMI compact disc CDC 7474072

have always thought that perhaps the most stirring music has been inspired by religious themes. I say perhaps because it is a crowded field of course. In their different ways, music of many types can stir one's soul. Think, for example, of Souza's marches, what used to be called Negro Spirituals (what are they called nowadays?), the magnificence of Wagner's heroic operatic themes, the descriptive genius of Sibelius's portraits of his homeland, the sweetness and lyricism of Mozart, the driving power and musicality of Dixieland and Chicago jazz.

Pieces inspired by the Christian faith though

last year when we prayed in intercession for the diocese. The day will begin with the Eucharist at 10am, and will conclude with Evensong and Benediction at 4pm. The Church will be open for prayer between those times.

On Sunday 20 October the Revd Graham Langley, until recently our Archdeacon, will be our guest preacher to give us a word on this subject. Graham made stewardship a cornerstone of his ministry at Balclutha.

"...it will leave us in a stronger position to deal with future challenges to do with the renewal of our beautiful Church.'

> Over the past year the parish leadership team has been making every effort to achieve economies where possible, and to raise revenue from other sources. This wise stewardship of our resources will continue to be a priority. Our generous response to the Stewardship programme will be a part of the mosaic of this good governance. And it will leave us in a stronger position to deal with future challenges to do with the renewal of our beautiful Church.

Lucia Popp, Soprano : Adolf Dallapozza, Tenor : Dietrich Fischer-Dieskau, Bass

Choir and Symphony Orchestra of Bayerischen Rundfunks Wolfgang Sawallisch, Conductor

seem to have an extra dimension. Often there is a "rightness", as though they could not have been written in any other way, no matter how the composer tried. They seem to work directly on the inner being, rather than through the ears.

This is not the case for all Christian music of course. Just as in other matters of Christian observance, not everyone does it as we like it done at Saint Peter's!

It is the case, though, for Schubert's "German Mass"—as those who attend the Sung Eucharist in Saint Peter's well know. This rendition highlights the enormous capabilities

ASK THE VESTRY

57 Baker Street,

Dunedin, N.Z. 9012

Caversham

Lottons

style. Letters may be :

Emailed to:

Or email:

Ask The Vicar

Write to: Ask The Vicar,

Posted to : The Editor of The Rock,

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Dunedin, N.Z. 9012

TheRockEditor@stpeterscaversham.org.nz

For answers to questions doctrinal, spiritual and liturgical.

Questions about the secular life and fabric of the parish may be:

<u>AskTheVicar@stpeterscaversham.org.nz</u>

The Rock welcomes letters to the Editor. Letters should be no more than 150 words in length and are subject to

selection and, if selected, to editing for length and house

c/- The Vicarage, 57 Baker Street,

Posted to: Ask The Vestry, c/- The Vicarage, 57 Baker Street, Caversham Dunedin, N.Z. 9012

Emailed to:

<u>AskTheVestry@stpeterscaversham.org.nz</u>

David Scoular reviews a favourite recording

of the composer in getting the very most from the instruments at his command. A relatively small array of forces is employed for much of the work, yet the depth of character and richness of harmony rivals-often exceedsthat presented by immensely larger groups in other works.

This is a lovely recording of a truly wonderful piece of music. The additional tracks included (Salve Regina, D.379; Psalm 23, D.706; Psalm 92, D.953; Hymn to the Holy Ghost, D.964; Mass in G major, D.167) are further wonderful examples performed to my complete satisfaction.

Saint Peter's Caversham

Page 3

Sundays at sea

By Jan Condie

Sundays at sea' is another of those phrases that had a special meaning for seamen. It did not

mean days devoted to theological study or the contemplation of natural wonders and Divine providence. The fact was that for every Sunday spent actually at sea and not in port, the crew was entitled to an extra day's pay. Not only that, but any work other than routine watch keeping attracted overtime.

The shipowners' enforced benevolence was viewed with mixed feelings by the Chief Officer and the Second Engineer who, on the one hand, were responsible for the maintenance respectively of the ship's fabric and machinery and on the other, answerable for the size of the overtime bill.

In practical terms, a Sunday at sea was usually dhobey day, the day the men did their personal laundry. In the 'good old days' that was accomplished with a bucket and a bar of hard soap, but in more modern if effete times in an electric washing machine. Ships belonging to the better companies had drying rooms heated by steam coils connected to the main boilers. They were very efficient.

Otherwise, on cargo ships, the day was marked only by the Captain entertaining his senior officers to a pre -lunch gin after they had signed the Official Log Book.

On passenger ships things were rather different. One of the lounges was rearranged to act as a temporary chapel and any passenger claiming to be able to play the piano was pressed into service as organist. As the bars

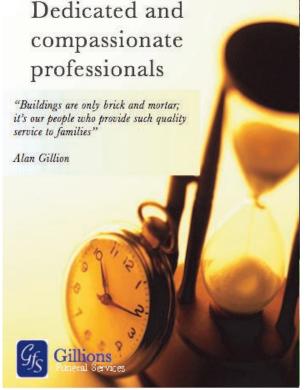
were not open until after the service and no other form of entertainment was offered, there was usually a good attendance, perhaps encouraged by the sight of the ship's officers dressed in their best uniforms filing into the front row.

The officers were never consulted as to their beliefs or lack thereof, nor were they asked to which church (if any) they belonged. If anyone objected to being obliged to attend he was told coldly to go up to the bridge to relieve the Third Officer who, strangely, was always keen to go to church.

The service was conducted by the Captain in his capacity as 'Master under God'. In passing it should be noted that some captains were thought by their crews to question that order of precedence. Any clergyman among the passengers might

be allowed to assist but it was never in doubt who was in charge and, regardless whether the congregation contained Anglicans, Methodists, Presbyterians, Romans or even Hindus or Muslims, the service was in a form approved by the Archbishop of Canterbury.

Collections went to seamen's charities and were usually generous. One explanation might be that the plate went first to the ship's officers and they each put a one pound note onto it. What was not generally known was that in some ships, the officers mustered at the Purser's office where they were issued with those one pound notes - after the Purser had carefully recorded the numbers.



Syria Action Syria Action

ecent information from Christian World Service (CWS) says "Syrians and Palestinians are fleeing Syria at the rate of 5,000 people a day." and "The United Nations now reports more than two million people have left the country.".

CWS has worship resources and an updated leaflet for the on going appeal for Syria available on its website (below).

Specifically CWS asks for support for the Department of Service to Palestinian Refugees (DSPR), working in Jordan and Lebanon to provide for the desperate need.

More online at



http://cws.org.nz/what-can-i-do/emergencies/ syria-appeal

http://www.cws.org.nz/files/ SyriaAppealchurchleafletSeptember.pdf

Evelyn Depree RIP



PHOTO: INFORMATION SERVICES OTAGO LTD.

Saint Peter's people were sorry to learn of the death of long-time associate of the parish Evelyn Depree at the Home of St Barnabas early this month.

Although she attended Saint Peter's on occasions, she looked upon St Michael's Andersons Bay as "her parish". A requiem held there was well attended and included many representatives of Saint Peter's.

Evelyn Depree was the featured parishioner in our *Saint Peter's People* feature of the May 2013 issue, available at http://www.stpeterscaversham.org.nz/The Rock/1305.pdf

www.stpeterscaversham.org.nz

September 2013—Trinity—Ordinary time

Conference delivers

diet, nuts and oil



By Alex Chisholm

he conference I attended in Dubrovnik was the 31st meeting of the Diabetes and Nutrition Study Group (DNSG), a group which meets annually in different cities around Europe.

As this group is a sub group of the European Association for the Study of Diabetes (EASD) the majority of participants and presenters are from Europe, with only very few ever from New Zealand. The topics of the presentations at the DNSG relate to the prevention and treatment of diabetes, primarily type 2, and



Taste testing local olive oils-during a conference break

related conditions such as cardiovascular disease (CVD). Diet is a pivotal life style factor usually addressed by several presenters and this year was no exception.

As the meeting was in Dubrovnik, a major lecture on the *Mediterranean diet in the prevention of diabetes and cardiovascular disease: Teachings from the PREDIMED study* was very apt. This study was conducted in Spain and examined the effects of adding nuts (30g/day) or olive oil which was not highly refined (1L/week) to a Mediterranean diet. Both nuts and oil were provided free of charge. The participants in the study who consumed nuts at least three times per week had the best health outcomes for cardiovascular disease, followed by those consuming the olive oil. The risk of diabetes was also reduced in both of these groups.

Other topics at the meeting included the Northern Diets-population studies (the Nordic diet), Sugars and cardio-metabolic disease, Prebiotics, Probiotic and Gut, Signalling pathways in Nutrition (i.e our body's metabolic responses to nutrients), Vitamin D, The glycaemic index and How to use Facebook as a tool in diabetes management



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Conferences are a wonderful opportunity to network with colleagues, from as far away as Scandinavia, as well as catch up on recent research and I always feel privileged to be able to attend especially in such a wonderful location!



"... colleagues... from Scandinavia."

Dubrovnik is a Croatian city on the Adriatic Sea, in the region of Dalmatia. It is one of the most prominent tourist destinations in the Mediterranean, a seaport and the centre of Dubrovnik-Neretva County. Its total population is 42,615 (census 2011). In 1979, the city of Dubrovnik joined the UNESCO list of World Heritage Sites.

Source: http://wikitravel.org/en/Dubrovnik 23 Sep 2013



PHOTO .: ALEX CHISHOLM.



"... two days after our meeting Croatia was due to join the European Union and the square and much of the old town was replete with scaffolding to accommodate stages for the celebrations."

See "Dubrovnik-interesting history, inaccessible churches."- next page,

Saint Peter's Caversham

Dubrovnik—interesting history, inaccessible churches.

Épistles from Europe

Parishioner Alex Chisholm continues her tales of time spent in Europe earlier this year

ubrovnik was for centuries a small city state (Republic of Ragusa) and one of the largest cultural centres in Croatia. It lies in a unique position between east and west, coming under several different cultural and scientific influences. The city archives contain very early documents related to the laws on hygiene—procedures for quarantine and the building of a Lazaret—from 1377.

Already in 1317 the first pharmacy was founded on the premises of the Franciscan Monastery, and even today there is a public pharmacy serving Dubrovnik's inhabitants. Scientists, poets, painters, theologians and physicians flourished there and slavery and slave trading were abolished in 1416.

The beginnings of the city are thought to go back to Roman times and it was well established by the 9th century with protective ramparts which successfully withstood a 15 month siege by the Saracens. From the 7th to 12th centuries the city grew under Byzantine domination. In 1205 Dubrovnik came under Venetian authority, which lasted until 1358 and the peace treaty of Zadar. Throughout the clashes between Christians and Moslems Dubrovnik, with the Pope's permission, retained diplomatic and trading relationships

Next: Bristol and St Mary Redcliffe,

and in *Nutritious*, Simple info from Heart UK, more food from another conference and breakfasts

By Alex Chisholm

with all sides.

In 1585, a traveller and writer, Marco A. Pigaffetta, in his Itinerario published in London, stated: "In Constantinople it is customary to speak Croatian.....". Crucially though, the lingua franca at the time among Slavic elites in the Ottoman Empire was still Old Church Slavonic. Many Jews fleeing from Spain after 1492 settled in Dubrovnik, and the Dubrovnik synagogue is the oldest Sefardic synagogue still in use today and the second oldest in Europe-second only to the old synagogue in Prague. Dubrovnik boasts several impressive church buildings, though the earlier versions were mostly destroyed in in 1667 when the city was devastated by a major earthquake and many were not rebuilt . There was a Byzantine cathedral on the present location of the Cathedral of the Assumption of the Virgin as early as the 7th or 8th centuries.

A guide book describing the present cathedral (see sidebar) and other churches, monasteries and the like led me to believe our evening tour of the old city would include several such destinations. However this proved not to be the case and in spite of the skyline of domes and spires it was not possible to locate the entrance to any of the churches. This was probably not helped by the fact that two days after our meeting Croatia was due to join the European Union



Cathedral of the Assumption

"The light and lofty interior is most famous for its collection of treasures, which includes reliquaries of St Blaise. The golden caskets containing the saint's head and foot are thought to be the work of Byzantine masters of the 11th century. By the main altar is a painting of the Assumption by Titian which features a self-portrait of the artist"

[Guide book description]

and the square and much of the old town was replete with scaffolding to accommodate stages for the celebrations!!



Dubrovnik—a "skyline of domes and spires"

PHOTO'S: ALEX CHISHOLM.



Page 6

The Rock

Ray Hargreaves' story

As told to Michael Forrest

ay was born in Auckland in 1930. His father worked for the Post Office and was soon transferred to Whakapara, north of Hikurangi in the Whangarei postal district, where the post office was located in the railway station. All his early childhood was spent there but when he was five the family moved to Whangarei where Ray had all his schooling. On leaving school, because his parents could not afford to send him to university, he went to Ardmore (Teacher Training) College in South Auckland to train as a primary-school teacher, there being a shortage of teachers in New Zealand after World War 2. While he was at Ardmore his parents moved to Tauranga, so during all the college holidays he worked for the Tauranga Borough Council waterworks. He also learnt to drive-on the old fire engine based at the nearby Ardmore airfield-and was a volunteer fireman there.

Ray worked his probationary year as a primary teacher at Paengaroa (half-way between Te Puke and Rotorua), thereby fulfilling his one-year country teaching obligation. Then he was able to attend Auckland University where he graduated with a B.A., followed by an M.A. with first-class honours in geography. Having been awarded a Fullbright Scholarship he spent two years (1955-57) at the

University of Wisconsin in Madison, earning a second M.A. Back in Tauranga he successfully applied for a post at Otago University as an assistant lecturer

and over the years progressed to lecturer, then senior lecturer and finally Associate Professor of Geography. He completed his Ph.D. in 1966 at Otago, his thesis being entitled Speed the Plough—Historical Geography of New Zealand Farming.

Ray's sole sibling, an older sister, was also a teacher. She married Alex Duffy, later the Venerable Archdeacon Duffy. He had been an Anglican missionary, using his engineering training from Hillside in the Pacific. He became a priest, serving his curacy at St Luke's in Oamaru then going on to be Vicar of Tapanui, Balclutha and Winton. Being fluent in Maori, by the end of his career he was Maori Missioner at Putiki, in the Wanganui area.



Ray Hargreaves at home this month ... PHOTO'S: INFORMATION SERVICES OTAGO LTD.

Ray met Cleone at a dance after his return from the United States. They married early in 1960, at the old Holy Trinity church in Tauranga (which subsequently burnt down), so have now been married for almost fiftyfour years, living in Maryhill nearly all this time. Their life is togetherness; Ray says she "supports him all the way", for example typing his thesis with two carbon copies (no computers in those days!). They have two daughters. One lives in Christchurch and herself has two daughters, both christened at Saint Peter's, the elder of whom now attends

"... Ray rather startled the previous Vicar by announcing that he wouldn't be at church for some time as he was going over to Rome!"

> Otago University; the other married an Italian and lives in Italy. She has a son who attends school in Italy and is now at a French-run school in Florence (and loving it). Cleone and Ray have travelled to Italy to see their family, and Ray rather startled the previous Vicar by announcing that he wouldn't be at church for some time as he was going over to Rome! In 1972 the family spent nine months in Hobart, Tasmania, for Ray to carry out research while on sabbatical leave.

Both of Ray's grandfathers were Anglican, the maternal one having gone to the old Cathedral of St Mary in Auckland, so the family routinely went to church and Ray was a sidesman while still a schoolboy in Whangarei. While at Ardmore he attended church in Papakura and was a synodsman for a year. He also attended St Matthew's (now "in the City") and was briefly on Vestry there. In Madison he worshipped at the Episcopalian Chapel of St Francis and was a lay reader at evensong; in Hobart the family attended the lovely old English-style church of St John near where they were living in Newtown. When first married Ray and Cleone lived in a flat in North East Valley and therefore attended St Martin's in North East Valley. Having moved to Maryhill they worshipped at St Mary's, Mornington, where Ray was again a lay reader, and wrote a history of the church. Then about twenty years ago they began to worship at Saint Peter's because they prefer the traditional form of service as celebrated at eight o'clock. Involvement in the Church and its activities has always been a major part of the couple's life, although these days for reasons of ill health or winter weather their attendance is less regular. An example of their values is that they celebrate Mothering Sunday instead of Mothers' Day as the latter is so commercial.

Ray's hobby interests include historical reasearch, writing, coins, reading and maps. He has co-written a book about the Mornington cable-cars and a numismatic history of New Zealand entitled *From Beads*

to Banknotes, and used to review books for the Star. He also wrote a history of Selwyn College's First Century 1893-1993. When his daughters were at the old Mornington School he served as

Chairman of the School Committee which approved the then-controversial design of the present school, and while they were at Kaikorai Valley High he was on its equivalent committee. He is proud to have received the honorary award of a Hocken Library Fellowship.

Ray likes to tell the story of an incident from 1965 when he spent some months in the UK and USA on his own carrying out research. He was working on this at the British Museum in London and put in a request to the Map Librarian to see an atlas from about 1908. When the book was not forthcoming he enquired and received the very British reply that the Museum had lent the atlas to the War Office during World War One and they had not yet returned it!

Regular Services

please consult The Pebble or our website for variations

All services are held at Saint Peter's unless noted otherwise

SUNDAY:	8am	Holy Communion according to the Book of Common Prayer	
	10.30am	Solemn Eucharist	
TUESDAY:	11am	Eucharist in the Chapel of St Barnabas' Home, Ings Avenue	
THURSDAY:	10am	Eucharist	
First Thursday of Each Month:	11am	Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent	

he Rock

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Vestry Notes: By Jan Condie,

Vestry Secretary

Bishop Kelvin spent over an hour with Vestry this month and talked about the future of the Diocese. He did not descend to details but mentioned a restructuring and possible renaming of the Diocese and reorganisation of the parishes. To start with, there is to be a Hikoi next year to cover the length and breadth of the Diocese.

Saint Peters must be doing things properly however for there was no criticism of our parish.

The Vicar introduced the Stewardship Programme which will be a feature of our October. While there is no suggestion of "give us your money, or else", the Parish, no less than the Diocese, needs increased revenue to cope with future costs. It's just a fact of life.

Vestry considered the implications of David Hoskins falling while replacing light bulbs in the church. As his employers, the legal consequences and penalties to Vestry were too horrifying to contemplate so it was decided to contract the work to professionals. There was the additional worry that David might be hurt and unable to perform his duties!

[The Bishop's Hikoi plan is, to walk (mostly, though possibly with some steamship, train and cycle segments) from one end of the diocese (Stewart Island) to the other (Kurow) via Queenstown and Middlemarch. Everyone is welcome to join him for all or part of the journey. He describes the walk as a "proclamation event" and hopes it will help to draw members of the diocese together.

More details are available in the Bishop's blog entry for Tuesday, 30 July 2013: <u>http://vendr.blogspot.co.nz/search?updated-max=2013-08-08T22:45:00%</u> <u>2B12:00&max-results=7</u> as at 16 September—Ed.]

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David Scoular

Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

For your diary

Saturday, 5 October: Proposed spring colours coach trip to Central. For further details see page 8.

Sunday, 6 October: Harvest Festival and launch of Stewardship 2013.

Tuesday, 8 October: Friendship Group meets at 2pm in the Parish Centre for "a cuppa and a chat".

Saturday, 12 October: Day of Prayer for the parish. 10am Eucharist : at , 4pm Evensong and Benediction.

Sunday, 3 November: Hospital Chapel assistance (bed moving).

Tuesday, 12 November: The Caversham Lectures at 7.30pm in the Parish Centre—David Hoskins, Director of Music.

Tuesday, 19 November: The Caversham Lectures at 7.30pm in the Parish Centre—Professor John Stenhouse, University of Otago.

Tuesday, 26 November: The Caversham Lectures at 7.30pm in the Parish Centre—David Howard, poet, 2013 Burns fellow.

Sunday, 19 January: Hospital Chapel assistance (bed moving).

www.stpeterscaversham.org.nz

Page 8

Legacy received

Saint Peter's has been advised the late Neil Scrymgeour left \$1,000 to the parish.

The vestry has decided to add this to funds invested in the Diocesan Trust Board's growth fund, so Neil's gift will help with the major building-related expenses we face in coming years.

This is a fitting use of money given by one who helped in so many ways with the fabric of the parish.

Friendship meeting

The Friendship Group will meet in the Parish Centre at 2 pm on Tuesday 8 October for a cuppa and a chat.

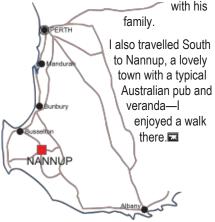
Perth, Bunbury, Nannup

By Gay Webb

In July I visited Perth and Bunbury in Western Australia. It was no warmer than Dunedin and it did rain!

A highlight was visiting the Perth Art Gallery and seeing the `Vincent Van Gogh, Dali and Beyond exhibition from The Museum of Modern Art in New York. Also included were paintings and sculptures by Pablo Picasso.

My brother turned 70 and there was much fun and laughter at the dinner I attended



GRAPHIC: EN.WIKIPEDIA.ORG 23 SEP 2013





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Nannup is a beautiful town nestled in the heart of the Blackwood Valley. A favourite for scenery, particularly forest and nature based pastimes.

> Source and photo's .: http://www.nannup.wa.gov.au/



Saint Peter's Caversham

1	t	1	n	e	r	a	r	y

8.30am	Depart Saint Peter's, Hillside Road.
9.45am	Arrive Middlemarch (morning tea)
10.15am	Depart Middlemarch
11.15am	Arrive Naseby (lunch)
12.30pm	Depart Naseby
1.30pm	Arrive Clyde Dam lookout
1.45pm	Depart Clyde Dam lookout
1.50pm	Arrive Clyde Town Centre
2.30pm	Depart Clyde
2.40pm	Arrive Alexandra
3.30pm	Depart Alexandra for Dunedin via Roxburgh/Milton
6pm	Arrive Saint Peter's

